

Psychology for Lawyers

Course Readings

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Introduction: Lawyer as Counselor

Thomas L. Shaffer & James R. Elkins, *Legal Interviewing and Counseling* 1-17 (St. Paul, Minnesota: Thomson West, 4th ed., 2005) [revised version of the published text]

Counseling & Psychotherapy

Walter Barnett's Therapy with Dr. Paul Weston

Willard Gaylin, *Talk Is Not Enough: How Psychotherapy Really Works* 31-51 (Boston: Little, Brown & Co., 2000)

Elizabeth Kilpatrick, "What Do You Do in Analysis?" in Karen Horney (ed.), *Are You Considering Psychoanalysis?* 159-185 (New York: W.W. Norton & Co., 1946)

George Weinberg, *The Heart of Psychotherapy: A Journey into the Mind and Office of the Therapist at Work* 78-112 (New York: St. Martin's Press, 1984)

Leston Haven, *Coming to Life* 28-43 (Cambridge, Massachusetts: Harvard University Press, 1993)

Rick Friedman, *On Becoming a Trial Lawyer* 160-169 (Trial Guides, 2008)

Neurosis: Mia (a Lawyer) in Therapy

Karen Horney, *Our Inner Conflicts: A Constructive Theory of Neurosis* 23-33 (New York: W.W. Norton & Co., 1945)

"The Driving Forces in Neuroses," in Karen Horney, *Self-Analysis* 37-47, 54-67, 69-72 (New York: W.W. Norton & Co., 1942)

Alexander Lowen, *Fear of Life* 1-3, 8-10 (New York: Macmillan, 1980)

David Shapiro, *Neurotic Styles* 1-4, 15-20 (New York: Basic Books, 1965)

The Emotional Fallout of Work: Michelle Michaud

"The Cornucopia of Julia K.," in Lowell B. Komie, *The Legal Fiction of Lowell B. Komie* 69-76 (Chicago: Swordfish/Chicago, 2005) [reprinted, 25 *Legal Stud. F.* 71-76 (2001)]

Douglas LaBier, *Modern Madness: The Emotional Fallout of Success* 1-10, 14-17 (Reading, Massachusetts: Addison-Wesley Publ. Co., 1986)

Brenda Berger, *Prisoners of Liberation: A Psychoanalytic Perspective on Disenchantment and*

Burnout Among Career Women Lawyers, 56 (5) *J. Clinical Psychology/In Session: Psychotherapy in Practice* 665 (2000)

"The Iron Cage," in Barry Schwartz, *The Costs of Living: How Market Freedom Erodes the Best Things in Life* 7-9 (New York: W.W. Norton & Co., 1994)

"Why Lawyers Are Depressed, Anxious, Bored Insomniacs," *Wall Street Journal* (June 12, 1995)

Cary Cherniss, *Beyond Burnout: Helping Teachers, Nurses, Therapists, and Lawyers Recover from Stress and Disillusionment* 17-47 (New York: Routledge, 1995)

Psychotherapists: Talking about Psychotherapy

Carl B. Rogers, *On Becoming a Person: A Therapist's View of Psychotherapy* 167-175 (Boston: Houghton Mifflin Co., Sentry edition, 1961)

"The Power of Listening," in Gerry Spence, *Win Your Case* 34-46 (New York: St. Martin's Press, 2005)

"The Road of Psychoanalytic Therapy," in Karen Horney, *Neurosis and Human Growth: The Struggle Toward Self-Realization* 333-365 (New York: W.W. Norton & Co., 1950)

Subpersonalities: Our Multiple Selves

Charles Reich, *The Sorcerer of Bolinas Reef* 19-47 (New York: Random House, 1976)

Giancarlo Dimaggio & William B. Stiles, Psychotherapy in Light of Internal Multiplicity, 63 (2) *J. Clinical Psychology: In Session* 119, 119-124 (2007)

Sigmund Freud & Psychoanalysis

Adam Phillips, *Becoming Freud: The Making of a Psychoanalyst* 1-28 (New Haven, Connecticut: Yale University Press, 2014)

"Introducing the Psychodynamic Approach," in Michael Jacobs, *Psychodynamic Counselling in Action* 1-3, 6-25 (Los Angeles: Sage, 4th ed., 2010)

Melissa L. Nelken, Negotiation and Psychoanalysis: If I'd Wanted to Learn about Feelings, I Wouldn't Have Gone to Law School, 46 *J. Legal Educ.* 420, 420-426 (1996)

"The Principles of Psychoanalytic Therapy," in Franz Alexander, *Fundamentals of Psychoanalysis* 272-302 (New York: W.W. Norton & Co., 1963)

Stephen Grosz, *The Examined Life: How We Lose and Find Ourselves* 146-150, 167-178 (New York: W.W. Norton, 2013)

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"The Principles of Psychoanalytic Therapy," in Franz Alexander, *Fundamentals of Psychoanalysis* 272-302 (New York: W.W. Norton & Co., 1963)

Stephen Grosz, *The Examined Life: How We Lose and Find Ourselves* 146-150, 167-178 (New York: W.W. Norton, 2013)

C.G. Jung & Analytical Psychology

June Singer, *Boundaries of the Soul: The Practice of Jung's Psychology* xiii-xxxii (New York: Doubleday & Co., 1972)

"Jung's Model of the Unconscious," in Robert A. Johnson, *Inner Work* 5-11 (New York: Harper & Row, 1986)

Daryl Sharp, *Digesting Jung: Food for the Journey* (Toronto: Inner City Books, 2001) [selected chapters]

C.G. Jung, *Analytical Psychology: Its Theory and Practice* (New York: Pantheon Books/Random House, 1968)

Active Imagination

Mary Watkins, *Invisible Guests: The Development of Imaginal Dialogues* 1-5 (Boston: Sigo Press, 1990)

Pieter Middelkoop, *The Wise Old Man: Healing through Inner Images* 1-12, 140-148 (Boston: Shambhala, 1989)

Understanding Ourselves

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"The Power of Discovering the Self," in Gerry Spence, *Win Your Case* 9-18 (New York: St. Martin's Press, 2005)

"Understanding Ourselves," in Thomas Shaffer & James R. Elkins, *Legal Interviewing and Counseling* 300-351 (St. Paul, Minnesota: West Publ., 4th ed., 1997)

The Johari Window

Joseph Luft, *Of Human Interaction* 13-73 (Palo Alto, California: Mayfield Publ., 1969)

"The Johari Window," in Thomas Shaffer & James R. Elkins, *Legal Interviewing and Counseling* 169-177 (St. Paul, Minnesota: West Publishing Co., 4th ed., 2005)

C.G. Jung's Psychological Types

"The Functions of Consciousness, Otherwise Called Typology," in Eugene Pascal, *Jung to Live By* 15-45 (New York: Warner Books, 1992)

Larry Richard, How Your Personality Affects Your Practice: The Lawyer Types, 79 *A.B.A. J.* 74 (1993)

Airina Rodrigues, Introverts in an Extroverts' World, 102 (1) *A.B.A. J.* 36 (January 2016)

"Psychological Types," in Daryl Sharp, *Jungian Psychology Unplugged: My Life as an Elephant* 9-14 (Toronto: Inner City Books, 1998)

Emotional Awareness

John Welwood, "Befriending Emotion," in John Welwood (ed.), *Awakening the Heart: East/West Approaches to Psychotherapy and the Healing Relationship* 79-84 (Boulder, Colorado: Shambhala, 1983)

"The Denial of Feelings," in Alexander Lowen, *Narcissism: Denial of the True Self* 47-77 (New York: Collier Books, 1985)

"The Magical Power of Feeling," in Gerry Spence, *Win Your Case* 25-33 (New York: St. Martin's Press, 2005)

"Know Thyself," Daniel Goldman, *Emotional Intelligence: Why It Can Matter More Than IQ* 46-55 (New York: Bantam Books, 1995)

Persona & Shadow

"Masks for All Seasons," in Eugene Pascal, *Jung to Live By* 46-55 (New York: Warner Books, 1992)

"Persona and Shadow," in June Singer, *Boundaries of the Soul: The Practice of Jung's Psychology* 187-196, 199-201 (New York: Doubleday & Co., 1972)

"The Revealed and the Concealed in Relations with Others (Persona and Shadow)," in Murray Stein, *Jung's Map of the Soul: An Introduction* 105-124 (Chicago: Open Court, 1998)

Jung's Concept of "Complexes"

"Realm of the Complexes," in Eugene Pascal, *Jung to Live By* 56-78 (New York: Warner Books, 1992)

"Complexes by Day and Demons by Night," in June Singer, *Boundaries of the Soul: The Practice of Jung's Psychology* 33-35 (Garden City, New York: Doubleday & Co., 1973)

Betsy Cohen, "Tangled Up in Blue: A Reappraisal of Complex Theory," in Jean Kirsch & Murray Stein (eds.), *How and Why We Still Read Jung: Personal and Professional Reflections* 128-131 (New York: Routledge, 2013)

Jung's Theory of Individuation

"Neurosis, Therapy, and Individuation," in David Tacey, *How to Read Jung* 74-83 (New York: W.W. Norton & Co., 2007)

"Neurosis and Individuation," in Daryl Sharp, *Jungian Psychology Unplugged: My Life as an Elephant* (Toronto: Inner City Books, 1998)

"Journey Toward Wholeness," in Frances G. Wickes, *The Inner World of Choice* 271-277 (Englewood Cliffs, New Jersey: Prentice-Hall, 1976)

Josef Goldbrunner, *Individuation: A Study of the Depth Psychology of Carl Gustave Jung* 119-145 (Notre Dame, Indiana: University of Notre Dame Press, 1964)

Abraham Maslow: Hierarchy of Needs

Abraham H. Maslow, *The Farther Reaches of Human Nature* 41-53, 57-71 (New York: Viking Press, 1971)

Ego Defense Mechanisms

Anna Freud, *The Ego and the Mechanisms of Defence* 4-10 (New York: International Universities Press, 1946)

Don E. Hamachek, *Encounters With the Self* 17-28 (New York: Holt, Rinehart & Winston, 1971)

"Defense Mechanisms of the Ego," in Franz Alexander, *Fundamentals of Psychoanalysis* 96-101 (New York: W.W. Norton & Co., 1963)

Transference | Counter-Transference

"Transference and Countertransference," in Willard Gaylin, *Talk Is Not Enough: How Psychotherapy Really Works* 72-78 (Boston: Little, Brown & Co., 2000)

"Observations on Transference from the Literature of Psychotherapy" & "The Transference Relationship in Legal Counseling," in Thomas L. Shaffer, *Undue Influence, Confidential Relationship, and the Psychology of Transference*, 45 *Notre Dame Lawyer* 197, 204-215, 235-237 (1970)

Louis H. Hamel & J. Timothy Davis, *Transference and Countertransference in the Lawyer-Client Relationship: Psychoanalysis Applied in Estate Planning*, 25 *Psychoanalytic Psychology* 590 (2008)

Optional

Transactional Analysis

Eric Berne, *Games People Play: The Psychology of Human Relationships* 23-34 (New York: Grove Press, 1967)

Eric Berne, *What Do You Say After You Say Hello? The Psychology of Human Destiny* 11-21 (New York: Grove Press, 1978)

"Transactional Analysis," in Thomas L. Shaffer & James R. Elkins, *Legal Interviewing and Counseling* 180-184 (St. Paul, Minnesota: Thomson/West, 4th ed., 2005)

Transpersonal Psychology

Paul F. Cunningham, *The Challenges, Prospects, and Promise of Transpersonal Psychology*, 26 *Int. J. Transpersonal Stud.* 41 (2007)

S.I. Shapiro, Grace W. Lee & Philippe L. Gross, *The Essence of Transpersonal Psychology*:

Contemporary Views, 21 *Int. J. Transpersonal Stud.* 19 (2002)